



I Am Unbreakable! Art Project Student Shapes

Purpose

This project will help students visually represent their inner strengths, dignity, and positive qualities to represent the idea that nobody can take away their self-worth.

Teachers: Make copies of the shapes on the following pages.

Students will choose a shape to represent their strongest inner traits.

- **Star**—Shining and unique
- **Heart**—Caring and kind
- **Shield**—Protection and strength

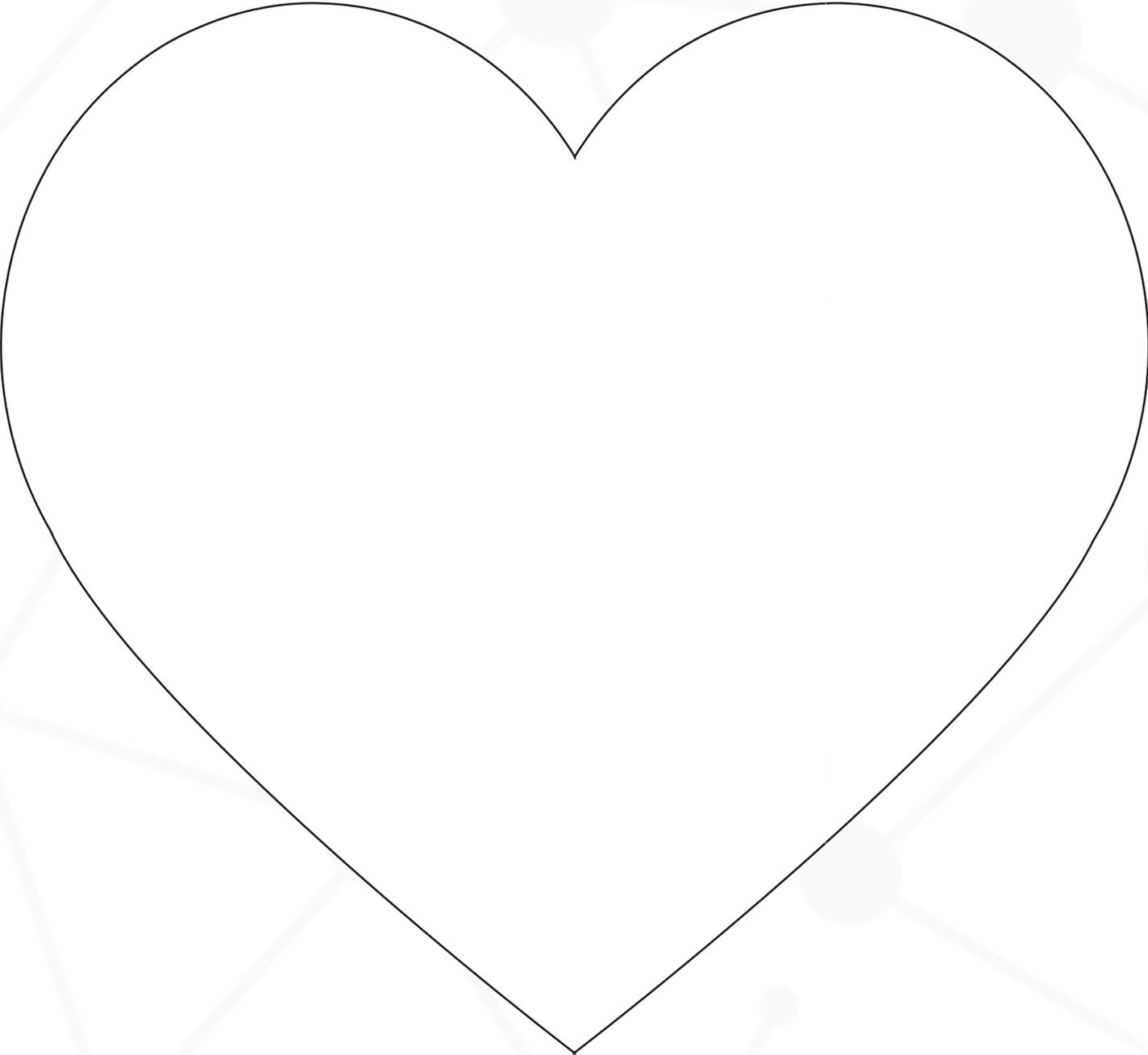
I Am Unbreakable!

Frederick Douglass knew that nobody could take away his dignity and self-worth. We all have strengths that make us special and strong, and nobody can take them away. When things get tough, our inner qualities, beliefs, and values help us stay strong and true to ourselves. What are the qualities that make you strong inside? Kindness, honesty, bravery, empathy, curiosity, or perseverance?

Star—Shining and unique



Heart—Caring and kind



Shield—Protection and strength

